

# Caroline's Skincare Ingredients

## INGREDIENTS

Caroline's products are particularly beneficial for those who find themselves in contact with harsh detergents, disinfectants and chemicals including those who have the following occupations:

- Hairdressers
- Nurses & doctors
- Dentists
- Mechanics
- Trades people - i.e. builders (concreters), plumbers, chefs etc.
- Gardeners

*Some medications may cause excessive dryness and contribute to skin irritations*

Some of the ingredients used in Caroline's therapeutic skincare

**AVOCADO OIL** Vitamins A,D,E,B1,B2,B6 and beta carotene, protein, lecithin, linoleic acid, oleic acid, natural preservative

**ALOE VERA** Anti-histamine, anti-inflammatory, anti-microbial, anti-pruritic (anti-itch), antioxidant.

**BORAGE SEED OIL** Essential fatty acids, rich in gamma linoleic acids, anti-ageing, regenerating, Vitamins & Minerals, anti-inflammatory.

**CALENDULA HERBAL EXTRACT** Local tissue healer, anti-inflammatory, soothing.

**COLLOIDAL OATMEAL** Anti-inflammatory, anti-pruritic, soothing, humectant (retains moisture into the skin), anti-oxidant and anti-fungal and soap-like properties.

**EVENING PRIMROSE OIL** Gamma linoleic acids, anti-pruritic, (anti-itch), Vitamin E, minerals, emollient enriched.

**GOLDEN SEAL ROOT EXTRACT** An Anti-pruritic (anti-itch), depurative (purifying), vulnerary herbal extract with anti-fungal and anti-bacterial, properties.

**JOJOBA OIL** Vitamins and minerals, natural collagen, highly penetrative, emollient enriched.

**ROSEHIP OIL** Essential fatty acids, retinoic acid, vitamins A,C,B,E & P.

**TINCTURE OF BENZOIN** Anti-septic, anti-fungal, anti-bacterial, depurative, antipruritic, anti-histamine, natural preservative.

**VITAMIN E (NATURALLY DERIVED)** Essential fatty acids, emollient enriched, anti-oxidant, soothing, calming.

**WHEATGERM OIL** Emollient enriched, anti-oxidant, improves circulation, protein, Vitamin E & Minerals, preservative.

**SLIPPERY ELM EXTRACT** Soothing and calming for itchy and irritated skin.

**ST JOHN'S WORT EXTRACT** Soothing, calming and cooling for irritated skin.

**SIMPLE TINCTURE OF BENZOIN** A natural preservative with antiseptic, anti-fungal, and anti-inflammatory properties.

**PAU D'ARCO** A naturally derived ingredient which is calming and soothing for itchy and irritated skin.

**VITAMIN E (NATURAL)** Natural antioxidant, nourishing for dry skin

**VITAMIN A** Contains essential fatty acids, anti-inflammatory, anti-oxidant, local tissue/wound healer, anti-bacterial, anti-microbial, regenerative, helps to decrease sebum production and unblocks pores, offers UV protection.

**BEES WAX** Forms a protective barrier against irritants on the surface of the skin while still allowing the skin to breathe. An emollient beeswax contains Vitamin A.

### PLEASE NOTE:

Caroline chooses not to use fragrances, lanolin, propylene glycol and paraben based preservatives in her therapeutic products.

Always read the label. Use as directed.  
See your healthcare professional if symptoms persist.

